Wroclaw Medical University

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History of Wroclaw Medical University

Wroclaw is the city of rich medical tradition. The first hospital was founded in the 13th century but teaching of medicine started in the 19th century. However, many famous doctors educated in different European cities had lived in Wroclaw before.

In 1745 the first medical school - Collegium Medico-Chirurgicum - was established and in 1811 citizens of the city organized foundation of the University of Wroclaw as the result of a merge of the local theology school (Academia Leopoldina) and the University of Frankfurt on Oder („Viadrina”). At the end of the 19th century (1886 – 1909) the clinics and the department’s buildings were built and many of them are still in use. The second half of the 19th and the beginning of 20th century are known as the gold period of the Medical Faculty in Wroclaw.

During the II World War the University as well as the whole city was almost totally destroyed. Three months after the end of the II World War the first institutions of higher education were established in Wroclaw. The Medical Faculty was one of the six university faculties. Many staff members who came to Wroclaw were graduated from the Jan Kazimierz University of Lvov and the University of Vilnius. Wroclaw medical school is continuing the best Lvov and Vilnius tradition. In 1950, the Medical Faculty of the Wroclaw University became an independent school and was named the Wroclaw Medical University consisting of the Faculty of Medicine and the Faculty of Pharmacy.

Famous scientists who worked for the Wroclaw Medical University

- Jan Ewangelista Purkyne - physiologist (1787 - 1869). the Head of the Institute of Physiology, the University of Wroclaw in 1823 - 1850. Most of his scientific findings was done during his work in the University of Wroclaw. He received the position of the Professor and the Head of the first autonomous experimental unit in Germany.
- Carl Wernicke - neurologist and psychiatrist, 1890 - 1904 professor in the University of Wroclaw.
- Alois Alzheimer - neurologist and psychiatrist who worked as the medical director of the Clinical Hospital of Psychiatry and Neurology. He presented his findings regarding degeneration of brain cortex (Alzheimer’s Disease) at the beginning of 20th century. His house still exists at Bujwida St. 44.
- Johan Pfannenstielow - performed the first Caesarean in the world in St. Elisabeth hospital.
- Robert Koch - creator of modern bacteriology.
- Paul Erlich - bacteriologist. He was the pioneer of present chemotherapy, obtained Nobel Prize in 1908.
- Leopold Auerbach - pathologist (Auerbach’s plexus).
- Albert Neisser (1855 - 1916) dermatologist, professor of the University in Wroclaw from 1882. In 1879 he discovered a bacteria called after his name Neisseria gonorrhoeae.
- Albrecht Theodor Middeldorph - professor of surgery, inventor of triangle dressing.
• Jan Mikulicz-Radecki - professor of surgery. He studied and worked at the beginning of his career in Vienna under the supervision of Theodor Billroth. Mikulicz-Radecki lived and worked in Wroclaw for the last 15 years of his life. Mikulicz together with his student Ferdynand Sauerbruch were pioneers of thoracosurgery.
• Ludwik Hirszfeld – microbiologist, discovered one of the bacteria causing paratyphus called Salmonella hirsfeldi and also established the basis of the blood groups science.
• Wiktor Bross – surgeon, in 1958 performed the first operation on the open heart in Poland. In 1965, he transplanted the kidney from the cadaver body and in 1966 from a living donor which marked the very beginning of the Polish transplantology. He was the first physician in Poland to excise the abdominal aortic aneurism.
• Hugon Kowarzyk – pathophysiologist, presented an innovatory work on blood coagulability, fibrynoysis and the proteasic nature of thrombin.
• Z. Albert, T. Baranowski, E. Szczeklik, M. Orłowski, A. Szewczuk - researchers in biochemistry and immunology.
• S. Ślopek - bacteriologist.
• H. Hirszfeld – pathologist, investigated pathology of pregnancy and foetus.
• B. Bobrański - pharmacist, investigated chemistry of drugs.

Nowadays, the Wroclaw Medical University is an active centre of medical student education in wide range of scientific activities and highly specialized clinical services for the Lower Silesia. The Wroclaw Medical University consists of 5 faculties which carry out educational and scientific activities at many departments and university hospitals. Altogether, 818 academic professors and teachers work in our Medical University. Among the staff there are 64 full academic professors, 60 associate professors, 474 lecturers and 220 assistant lecturers. In the academic year 2010/2011 over 5100 students commenced or continued their studies.

Academic Press

The Wroclaw Medical University has been publishing the scientific periodic
“Advancements in Clinical and Experimental Medicine” – www.advances.am.wroc.pl
”Dental and Medical Problems” – www.dmp.am.wroc.pl and
”Polymers in Medicine” – www.polimery.am.wroc.pl.
Our University has also its own monthly bulletin
“Gazeta Uczelniana” – www.umed.wroc.pl/gazeta,
bringing news from the academic life of the university.

Statutory activities:

• teaching of students in the field of medicine and preparing for the following professions: physician, dentist, pharmacist, medical analyst, nurse, obstetrician, physiotherapeutist, emergency medical technician and others
• research activities
• diagnostic and clinical treatment
Authorities: academic year 2012-2016

Rector
Professor Marek Ziętek DMD, PhD

Vice-Rectors

Vice-Rector for Scientific Affairs
Professor Zygmunt Grzebieniak MD, PhD

Vice-Rector for Educational Affairs
Professor Michał Jeleń MD, PhD

Vice-Rector for Clinical Affairs
Professor Romuald Zdrojowy MD, PhD

Vice-Rector for University Development
Professor Jacek Szepietowski MD, PhD

Faculties

Faculty of Medicine
ul. Mikulicza-Radeckiego 5
50-345 Wrocław
Phone: +48 71 784 11 67
fax: +48 71 784 11 67
dl@umed.wroc.pl

Faculty of Dentistry
ul. Krakowska 26
50-425 Wrocław
Phone: +48 71 784 03 56
fax: +48 71 784 01 18
ds@umed.wroc.pl

Faculty of Pharmacy
pl. Nankiera 1
50-140 Wrocław
Phone: +48 71 784 02 01
fax: +48 71 784 02 00
df@umed.wroc.pl

Faculty of Health Science
ul. K. Bartla 5
51-618 Wrocław
Phone: +48 71 341 95 33
fax: +48 71 341 91 07
dz@umed.wroc.pl
Faculty of Postgraduate Education
ul. Mikulicza-Radeckiego 5
50-345 Wrocław
Phone: +48 71 784 00 39
fax: +48 71 784 11 55
dk@umed.wroc.pl

Organisational Units

Erasmus Office
International Relations Office
ul. Chałubińskiego 6 a
50-368 Wrocław, Poland
Phone: +48 71 784 16 85
fax: +48 71 784 16 86
www.umed.wroc.pl/erasmus
slawa.ksenycz@umed.wroc.pl
dorota.turkiewicz@umed.wroc.pl

International Relations Office
ul. Chałubińskiego 6 a
50-368 Wrocław
Phone: +48 71 784 11 44
fax: +48 71 784 00 33
dominika.gniazdowska@umed.wroc.pl

Main Library
ul. Parkowa 1/3
51-616 Wrocław
Phone: +48 71 348 30 22
fax: +48 71 347 93 25
bg@umed.wroc.pl

Foreign Languages Department
ul. Mikulicza-Radeckiego 7
50-345 Wrocław
Phone: +48 71 784 14 81
fax: +48 71 784 14 82

Physical Training Department
ul. Wojciecha z Brudzewa 12 a
51-601 Wrocław
Phone: +48 71 348 65 09
General description of courses (more detailed list might be found on website at www.umed.wroc.pl):

**Medicine**

**Year I**
Medical biology, Anatomy, Biochemistry, Chemistry, Histology with cytophysiology, Human Embriology, Medical First Aid, History of Medicine, Physiology, Basic Information Technology and Biostatistics, English Language, Optional subjects

**Year II**
Clinical Anatomy, Biochemistry, Biophysics, Histology and Cytology, Physiology, Hygiene and epidemiology, Foreign Language

**Year III**
Pathomorphology, Pathophysiology, Clinical Genetics, Microbiology, Immunology, Internal Diseases (Propaedeutics), Propaedeutics of Paediatrics, Laboratory Diagnostics, Propaedeutics on oncology

**Year IV**
Internal Diseases, Paediatrics, Surgery, Dermatology and venerology, Pharmacology with Toxicolog, Radiology, Infectious diseases, Infectious and Parasitic Childhood Diseases, Nuclear Medicine

**Year V**
Internal Diseases, Phthisiatry, Paediatrics, Paediatric Surgery, General Surgery, Gynaecology and Obstetrics, Infectious and Parasitic Childhood Diseases, Infectious and Parasitic Diseases, Neurology, Emergency and Disaster Medicine, Neurosurgery, Rehabilitation, Psychiatry

**Year VI**
Paediatrics, Orthopaedics and Traumatology, Gynaecology and Obstetrics, Neonatology, Resuscitation and Anaesthesiology, Ophthalmology, Otolaringology, Psychiatry, Forensic Medicine with Basis of Law, Propaedeutics of Dentistry, Oncology, Medical Ethics, Bioethics and Deontology, Clinical Pharmacology, Family Medicine, Palliative Medicine, Public Health, Medical Law

**Dentistry**

**Year I**
Year II
Biochemistry, Social Dentistry, Histology and Cytophysiology, Human Physiology, Physiology of Masticatory System, Ergonomics in Dentistry, Dental Materials, Restorative Dentistry preclinical, Preclinical Endodontics, Foreign Language, Physical Training

Year III
Pathomorphology, Pathology of oral cavity, Pathophysiology, Microbiology, Pharmacology, Internal Medicine, General Surgery, Immunology, General Oncology, Optional Subject, Medical informatics, Rehabilitation, Law and ethics in Dentistry, Restorative Dentistry, Prosthodontics (2), Orthodontics, Dental Radiology, Dental surgery, Preclinical Periodontology

Year IV
Internal Medicine, Infectious Diseases, Paediatrics, General Surgery, General Radiology, Ophthalmology, Restorative Dentistry, Prosthodontics (2), Paediatrics dentistry, Dentistry surgery, Prosthodontics (3), Neurology, Orthodontics, Emergency medicine, Physiology of Pregnancy, Periodontology, Oncology

Year V
Restorative Dentistry, Paediatrics dentistry, Gerodentistry, Periodontology, Prosthodontics (2), Dentistry surgery, Oral Surgery, Maxillofacial Surgery, Dentistry radiology, Anaesthesiology and Resuscitations, Orthodontics, Oral mucosa disease, Otolaryngology, Forensic Medicine, Clinical Pharmacology, Optional Course, Public Health, Clinical Psychology

Student organizations

www.studenci.umed.wroc.pl/dss-organizacje-studenckie

Students’ Self-Government
www.samarzad.umwro.pl
– the major student organization in the Wroclaw Medical University. SSG helps every student with any problem of the study process. The Students’ Self-Government members take part in university commission of didactics, social matters, statute, publishing, discipline, finance and budget. The Students’ Self-Government organizes ”Medicalia” – traditional students’ festivity.

Student Science Association www.stn.am.wroc.pl develops theoretical and practical knowledge of every student-member. SSA helps to improve the science skills.

The Academic Choir of Wroclaw Medical University www.chor.am.wroc.pl - set up by Agnieszka Franków-Żelazny, graduate of the Wroclaw Musical University and the Wroclaw University is based on students from WMU. The choir performed concerts in many Polish cities and abroad in Slovakia, Greece, Great Britain, Ireland, Spain, Hungary and Lithuania. The academic choral group is the artistic co-operator of the Lower Silesia Opera and the winner of many prestigious prizes. The choir performs concerts during the academic symposiums, events and messes in churches.
Polish Association of Dentistry Students [www.ptsswroclaw.pl](www.ptsswroclaw.pl) - represents dentistry students. PADS is the co-operator of the International Association of Dental Students (IADS).

Lower Silesia Medical Analytics Forum [www.fda.am.wroc.pl](www.fda.am.wroc.pl) - gathers medical analytics students and graduates. LSMAF represents the group of young people who want to work in this specific branch of pharmacy. The organization prepares stages, practices and academic science meetings. LSMAF is supported by the National Chamber of Laboratory Diagnostics, The Polish Association of Laboratory Diagnostics and the magazine “The Laboratory Diagnost”.

Forum Medicum [www.forummedicum.pl](www.forummedicum.pl) - the Association of Polish Medical University students and graduates. FM is the organizer of many academic events and students meetings in the Wrocław Medical University.

International Federation of Medical Students’ Association [www.ifmsa.org.pl/](www.ifmsa.org.pl/i[msa.pl/](www.ifmsa.org.pl/ifmsa.pl/)(IFMSA) – the biggest student organization of 2 million members from 91 countries. IFMSA organizes a lot of medical events in the Wrocław Medical University - for example “Save the smile”, “Teddy bear under the hospital christmas tree”, “Women in red” etc. The students united in IFMSA go to many exotic countries: Egypt, Turkey, Japan, Brazil etc. for international science exchange and medical experience. The structure of IFMSA is based on six Standing Committees: SCOPH (Public Health), SCOME (Medical Education), SCOPE (Professional Exchange), SCORA (Reproductive health including AIDS), SCORE (Research Exchange) and SCOPR (Refugees and Peace). IFMSA co-operates with the World Health Organization (WHO) and is a partner of the United Nations agendas: UNESCO, UNICEF, UNHCR, UNIDS, UNFPA.

Independent Students’ Union (NZS) [www.nzs.wroc.pl](www.nzs.wroc.pl) - historically famous organization standing against totalitarian system in the early 80’s. Nowadays, democratic student organization if full of young, lively people who want to change the world. NZS is known as the organizer of honorable bloodgiving called “Wampiriada” in the Wrocław Medical University.

Academic Sport Association [www.azs.pl](www.azs.pl) (AZS) - the biggest sport students’ association in Poland. AZS works for development of sport culture and healthy lifestyle. AZS coordinates professional student sport events in Polish universities. AZS works for physiotherapy of handicapped students. The Association develops practical knowledge of the recreation, leisure and the environment.

Young Pharmacy [www.mf.wroclaw.pl](www.mf.wroclaw.pl) – the organization of pharmacy students is co-operator of the Polish Pharmaceutical Association, the Lower Silesia Chamber of Pharmacy, the International Pharmaceutical Students’ Federation (IPSF) and the European Pharmaceutical Students’ Association (EPSA). The Young Pharmacy develops knowledge of wide range scientific aspects of the pharmaceutical field.

Erasmus at Wrocław Medical University

The Wrocław Medical University has participated in the programme since the academic year 1998/1999. It covered activities such as the exchange of students (including doctoral students) and academic teachers with partner universities abroad. Starting from the academic year 2007/2008 above mentioned actions are to be implemented within a new programme the
Lifelong Learning Programme set for 2007-2013. Part of it is the Erasmus programme. The latest in the programme is the possibility to take part in students’ placements (it used to be implemented within Leonardo da Vinci programme) and flows of each employee of the university with the training purpose. Rules of the implementation is based on the Decision of the Rector of the Wroclaw Medical University no 61/XIV R/2008. Currently the Erasmus programme in the Wroclaw Medical University is implemented on the basis of the Erasmus University Charter no 50416 awarded for academic years 2007/2008- 2012/2013.

**Coordinators of Erasmus programme at Wroclaw Medical University:**

**Institutional Coordinator:**

Marcin Stańda MD, PhD  
Department of Physiology  
ul. Chałubińskiego 10  
50-368 Wrocław  
Phone: +48 71 784 14 25  
e-mail: marcin.standa@umed.wroc.pl

**Departamental Coordinators:**

**Medicine**  
Tomasz Pietraszkiewicz MD, PhD  
Department of Physiology  
ul. Chałubińskiego 10  
50-368 Wrocław  
Phone: +48 71 784 14 25  
e-mail: tomasz.pietraszkiewicz@umed.wroc.pl

**Dentistry**  
Marta Szumielewicz PhD, DMD  
Department of Maxillofacial Orthopaedics and Orthodontics  
ul. Krakowska 26  
50-425 Wrocław  
Phone: +48 71 784 02 99  
e-mail: marta.szumielewicz@wp.pl

**Pharmacy**  
Adam Matkowski PhD, DSc  
Chair and Department of Pharmaceutical Biology and Botany  
ul. Borowska 211  
50-556 Wrocław  
Phone: +48 71 348 29 42  
e-mail: erasmus@mailplus.pl

**Health Science**  
Magdalena Milan MD, PhD  
Department of Clinical Nursing  
ul. K. Bartla 5  
51-618 Wrocław
Administrative guidance is provided in:
Erasmus Office
Dział Nauki i Współpracy z Zagranicą
Sekcja Współpracy z Zagranicą
International Relations Office
ul. Chałubińskiego 6 a
50-368 Wrocław
Phone: +48 71 784 16 85
dorota.turkiewicz@umed.wroc.pl
www.umed.wroc.pl/erasmus

Enrollment with regards to Erasmus students

Each applicant must be a student of a partner university which has signed an Erasmus agreement with the WMU. Such a student is admitted with no charge. The language of instruction is mainly Polish. However, the students who are willing to study either medicine or dentistry may join English classes providing there are courses available. The students may also follow an individual programme after having agreed its content with a departamental coordinator. In other cases students should have a good command of Polish language.
Information about courses is available on the following web pages:

www.ed.umed.wroc.pl

To get further information students should contact departamental coordinators.
The documents to be sent to the Erasmus Office are:

• application form
• learning agreement

Once all documents have been submitted and approved the students will receive the acceptance and more information about the stay. Upon arrival students should come to the Erasmus Office and then to departamental coordinators in order to plan their studies. As soon as the student’s statut is confirmed the student will follow courses and obtain a student identity card which entitles to public means of transport discount.

Programmes in English

There have been programmes in English introduced at the Faculty of Medicine and Dentistry at the Wroclaw Medical University.

Admission criteria

Medical studies in English at the Wroclaw Medical University are available for the holders of a foreign country citizenship and Polish as well.
The candidates for the studies have to:

1. Pass the original high school diploma or certified copy of a sufficiently high standard, enabling them to enter the university medical school in their own country. That should be legalized by a Polish consulate in the country of student’s origin as the equivalent to Polish secondary school certificate also students with diploma from members of the Hague Conference on Private Law should also receive an apostille (www.hcch.net). Having received the documents, diploma will be then sent to grant an official recognition at Department of Education in Poland (Kuratorium Oświaty).
2. Possess at high level an adequate knowledge of the studied subjects: Physics or Maths, Chemistry, Biology. This will be checked during the enrolment procedures including personal interview.
3. Prove to have a good command of both written and spoken English by providing a certificate (FCE, CAE, CPE, TOEFL) or any other document of reasonable proficiency in English.

All documents should be originals or certified copies (i.e. originally sealed and signed by the eligible institution/person).

**Deadline for the application:**

25 July each year
for the following academic year

The applicants are expected to submit the following documents:

- filled in application form
- school certificate
- High School Diploma (original) plus apostille (both with Polish translation)
- certificate from Polish embassy or consular office stating that student with that diploma is eligible to continue higher education (if not on diploma)
- English or Polish translation of the above document, translated and certified by a sworn translator or by the applicant’s school
- Medical Health Certificate form filled in by the applicant’s doctor
- English language certificate (as described above)
- photocopy of the applicant’s passport
- 4 recent passport photographs passport size signed on the back (NO HEAD COVER, PLEASE).

**All the above documents should be submitted to:**

Uniwersytet Medyczny im. Piastów Śląskich we Wrocławiu
(Wroclaw Medical University)
ul. Chałubińskiego 6 a, 50-368 Wrocław, Poland

**Payments**

After receiving "Certificate of Enrolment” you are formally accepted as a student of the Faculty of Medicine or the Faculty of Dentistry. When you signed the application form, you agreed to abide by the curriculum regulations and undertook to make the necessary regular payments of the university fees.
Tuition fees

1. The students enrolled in the academic year 2013/2014 are obliged to pay the non-refundable admission fee 900 PLN as well as the respective tuition fee till the 15th of September 2013. The payment of the annual University tuition fee should be done till 15th September for each next year.

2. The students enrolled in academic year 2013/2014 are obliged to pay the Annual University Fee in PLN (polish zloty) by according to the scale below:

<table>
<thead>
<tr>
<th>Year of Study</th>
<th>Medicine (PLN)</th>
<th>Dentistry (PLN)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I (with admission fee)</td>
<td>49 200</td>
<td>53 400</td>
</tr>
<tr>
<td>II</td>
<td>48 300</td>
<td>52 500</td>
</tr>
<tr>
<td>III</td>
<td>48 300</td>
<td>52 500</td>
</tr>
<tr>
<td>IV</td>
<td>48 300</td>
<td>52 500</td>
</tr>
<tr>
<td>V</td>
<td>48 300</td>
<td>52 500</td>
</tr>
<tr>
<td>VI</td>
<td>48 300</td>
<td>-</td>
</tr>
<tr>
<td>Total</td>
<td>290 700 PLN</td>
<td>263 400 PLN</td>
</tr>
</tbody>
</table>

PLEASE REMEMBER TO PAY TUITION FEE TO YOUR INDIVIDUAL ACCOUNT NUMBER WHICH YOU CAN FIND IN YOUR AGREEMENT AND CERTIFICATE OF ENROLMENT.

Transfer students are obliged to pay the same fee for their first year in the WMU as the first year students, and standard fee for the next years. It is worth remembering that the transfer may take more than one week. Do not forget to write your name on the bank money order. Keep your bank receipt as a proof of money transfer. Do not forget to write your name, the University and city names on a bank money order. Keep your bank receipt as a proof of money transfer. It is worth remembering that the transfer may take one week.

Assessment

The granding system is numerical (2-5) and literal

<table>
<thead>
<tr>
<th>Wroclaw Medical University grade</th>
<th>Literal grade</th>
<th>ECTS grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>very good (bardzo dobry)</td>
<td>A</td>
</tr>
<tr>
<td>4,5</td>
<td>better than good (ponad dobry)</td>
<td>B</td>
</tr>
<tr>
<td>4</td>
<td>good (doby)</td>
<td>C</td>
</tr>
<tr>
<td>3,5</td>
<td>better than satisfactory (dośc dobry)</td>
<td>D</td>
</tr>
<tr>
<td>3</td>
<td>satisfactory (dostateczny)</td>
<td>E</td>
</tr>
<tr>
<td>2</td>
<td>unsatisfactory (niedostateczny)</td>
<td>F</td>
</tr>
<tr>
<td>Zal.</td>
<td>credited without marks (zaliczono)</td>
<td>credit/approval</td>
</tr>
</tbody>
</table>
Academic year

The academic year usually starts at the beginning of October and finishes at the end of June. It is divided into two semesters, each lasting for 15 weeks. The winter semester starts in October and lasts until mid February with Christmas holidays of about ten days. The examination session usually lasts for two or three weeks beginning in late January. The summer semester starts in mid February and ends in June with a one-week break for Easter. Summer holidays last for three months from the beginning of July to the end of September but only for those students who passed all exams during the summer examination session (lasting about two-three weeks in June). The students who did not succeed take the exam(s) in September.

Visa (coming to Poland-formalities)

EU/EEA citizens

An EU student can enter Poland with his/her ID document (a valid travel document e.g. passport) or another document certifying his/her identity and citizenship. If a student intends to visit Poland’s neighbouring countries (not all of them are EU Member States), a passport is recommended. For stay up to 3 months no legalisation of stay is necessary. For stay exceeding 3 months an EU student has to obtain a temporary residence permit (Karta pobytu obywatela UE). In case of students the residence permit is issued for one year. The document is issued by the Department of Citizens Affairs of the Voivodeship Office (province administration, Urząd Wojewódzki). Temporary residence permit is granted to EU students who have health insurance and sufficient resources to cover their expenses without needing social security support.

Documents that have to be submitted by the student to the Voivodeship Office in order to obtain the residence permit:

1. copy of travel document (passport or other ID document)
2. health insurance document
3. official letter of acceptance from the Polish university (with information about the planned period of study)
4. declaration about sufficient resources to cover the subsistence costs in Poland
5. 2 photographs
6. application form (wniosek o zezwolenie na pobyt, in Polish)

Non-EU/EEA citizens

Visa requirements

Students of a non-EU/EEA country can enter Poland on the basis of a valid travel document (passport) and a visa (if required). A student of a non-EU country has to obtain a visa from the consulate of Poland in his/her country of residence. A short-term visa entitles the holder to stay in Poland for up to 3 months, a long-term visa up to 1 year. Prolongation of a visa in Poland is possible only in cases of force majeure or situation impossible to foresee while applying for the visa in the consulate. The visa can be prolonged only once. Students coming for a period of study longer than 3 months are therefore obliged to apply for a visa in a consulate for the whole planned period of stay in Poland.

Current information on existing regulations is available on the following website: www.msz.gov.pl
**Health treatment**

Students from EU/EEA countries

A student from a member country staying temporarily in the territory of Poland is entitled to free health care on the basis of the European Health Insurance Card issued in home country. The student is obliged to present the card together with an identity document directly to the health care provider. The student can benefit from free health services at health care providers who have concluded a relevant contract with the National Health Fund (NFZ – Narodowy Fundusz Zdrowia).

Students from non-EU/EEA countries

Students of a non-EU/EEA country should purchase health insurance in their home country before departure. Insurance might be included in international cards such as ISIC or EURO<26. However, if someone wants to increase its scope or value there is need to buy another one.

**Where to sleep?**

The Wrocław Medical University has own hostels and offers a room on arrival at a monthly cost approximately 200 EUR (single rooms, Jubilatka) and 100 EUR (double or triple rooms, Bliźniak). The price includes the use of pillows, blankets, linen, cost of gas and electricity, change of linen each month, refrigerators, washing machines, etc.

Rooms are equipped with bed, overbed shelves, 2 chairs, wardrobe, table, desk, access to the internet, wash basin, shower (Jubilatka), bed sheets, blanket and pillow, bedside lamp, refrigerator, blinds.

Bathrooms and toilets are available on each floor. A kitchen is also available on each floor equipped with a gas cooker and a sink. Kitchen utensils are not provided. There is also a laundry in the hostel available for the students.

Students’ Hostel „Jubilatka”
Wojciecha z Brudzewa 10
51-601 Wrocław
tel. +48 71 348 54 10

Students’ Hostel „Bliźniak”
Wojciecha z Brudzewa 12
51-601 Wrocław
Phone: +48 71 348 47 61

If you want live outside of the academic campus see more at:

- [www.simpleren.pl](http://www.simpleren.pl)
- [www.terazwroclaw.pl](http://www.terazwroclaw.pl)
- [www.dlastudenta.pl/stancje](http://www.dlastudenta.pl/stancje)
- [www.stancje.pl](http://www.stancje.pl)
- [www.gumtree.pl](http://www.gumtree.pl)
- [www.stancje.wroclaw.pl](http://www.stancje.wroclaw.pl)
Sport and leisure

The Physical Training Department is situated in the academic campus at Wojciecha z Brudzewa street near the Odra river. Every student of the first year has obligatory sport and recreation activities two hours a week during the academic year. For those students who can not take part in regular activities department special program of reeducation training and gymnastics is prepared.

There are wide range of sport activities offered to you such as: basketball, volleyball, handball, football (soccer), swimming, aerobics, badminton, athletics, ski, table tennis, tennis, paddle, climbing, self-defense, kick-boxing, body building, bike tourism, chess and bridge.

Department organizes plenty of sport events for students and medical employees for example: Polish academic championships in tennis, basketball, table tennis, football (soccer), swimming and volleyball. The Physical Training Department also cooperates with the Academic Sport Association in Wrocław in plenty of students’ sport events.

Wrocław – one of the biggest cities in Poland

Some people say that Wrocław is the city of meetings, the city that develops people as well as the city of bridges being called „Venice of the East”. That is completely true. There are 650,000 people here living on 12 islands with 112 bridges on the 300 km square surface.

The capital of the Lower Silesia has over 1000 years of tradition and culture. Our city is the place where the story of many nations crosses. You can feel the international character of the city on every street. People of many religions and countries exist together and share their everyday life.

Wrocław lies on the crossroad of ancient market tracks. The city is a link of old and new, the east and the west tradition. The capital of the Lower Silesia is considered as the melting-pot which develops day after day. Wrocław is situated near country borders of the Czech Republic and Germany. The city is full of many attractions. That is why, more than half a million tourists visit Wrocław every year. People here are friendly and open to news.

Culture (cinemas, theathers, events, museums)

Cinemas:

**Cinema City**, ul. Krzywoustego 126, phone: 71 323 60 00
**Nowe Horyzonty**, ul. Kazimierza Wielkiego 19/23, phone: 71 786 65 66
**Helios Magnolia Park**, ul. Legnicka 58, phone: 71 355 53 54
**Multikino Arkady**, ul. Powstańców Śląskich 2-4, phone: 71 722 39 10
**Multikono Pasaż Grunwaldzki**, pl. Grunwaldzki 22, phone: 71 733 44 10
**Dolnośląskie Centrum Filmowe**, ul. Pilsudskiego 64, phone: 71 792 44 05
Theatres:


**Wrocławski Teatr Współczesny**, ul. Rzeźnicza 12, [www.wteatrw.pl](http://www.wteatrw.pl)

**Wrocławski Teatr Lalek**, pl. Teatralny 4, [www.teatrlalek.wroclaw.pl](http://www.teatrlalek.wroclaw.pl)


**Teatr Muzyczny Capitol**, ul. Piłsudskiego 72, [www.teatr-capitol.pl](http://www.teatr-capitol.pl)

Museums:

**Aula Leopoldina, Oratorium Marianum, Mathemetic Tower**, pl. Uniwersytecki 1

**Mineralogical Museum**, ul. Kuźnicza 21/22

**Museum of Geology**, ul. Cybulskiego 30

**Museum of Natural History**, ul. Sienkiewicza 21

**National Museum**, pl. Powstańców Warszawy 5

**Panorama Racławicka**, ul. Purkyniego 11

**Museum of Etnography**, ul. Kazimierza Wielkiego 34

**Historical Museum**, Sukiennice 14/15

**Museum of Archeology**, ul. Cieszyńskiego 9

**Museum of Medal Engraving**, ul. Kiełbaśnicza 5

**Museum of Architecture**, ul. Bernardyńska 5

**Museum of Archidiocese**, pl. Katedralny 16

**Museum of Post and Telecommunication**, ul. Krasińskiego 1

**Museum of Radio**, ul. Karkonoska 10

**Centennial Hall**, ul. Wystawowa 1

Events:

**Wratislavia Cantans** – International Chamber Music Festival

**Przegląd Piosenki Aktorskiej** – Song Interpretation Contest

**Jazz nad Odrą** – Jazz upon Odra

**Festiwal Piosenki Studenckiej Łykend** – Festival of Students’ Weekend Song

**Międzynarodowy Festiwal Teatralny Dialog** – International Theatre Festival Dialog

**Wrocławskie Spotkania Teatrów Jednego Aktora i Małych Form Teatralnych**

**WROSTJA** – Wrocław’s Meetings of the Theatre of Single Actor and Small Forms

**Międzynarodowy Festiwal Artystów Ulicznych Buskerbus** – International Festival of Street Performers

**Nowe Horyzonty, Międzynarodowy Festiwal Filmowy** – New Horizons, International Film Festival

**Festiwal Wyszehradzki** – Festival of Wyszebrad

More information might be found on the website [www.wroclaw.pl](http://www.wroclaw.pl)
Holidays

Bank Holidays:
1 January - New Year’s Day
March/April - Easter (a non fixed holiday)
1 May - Labour Day
3 May - Anniversary of the Proclamation of Polish Constitution
May/June (Thursday) - Corpus Christi
15 August – Virgin Mary Assumption
1 November - All Saints’ Day
11 November - National Day of Independence
25 December - Christmas Day
26 December - Boxing Day

Customs and traditions

Poles are very close to their customs and traditions. It is the strongest during the greatest religious festivities.

February/March
Tłusty czwartek (Fat Thursday) - last Thursday of the carnival. People eat lots of doughnuts with jam filling,
Ostatki - the last day of the carnival. Many people go out in the evening that day.

March/April
Easter - a typical Easter custom is the tradition of decorating eggs,
Holy Saturday - people bring baskets of their Easter food to church for a special blessing,
Lany poniedziałek (Wet Monday) - the Monday after Easter. People pour water on one another, wish good health and give small gifts.

May/June
Corpus Christi - religious processions led by children scattering flower petals,
Sobótką - on St. John’s night. People gather in the late evening close to rivers to observe wreaths decorated with candles floating on the water. Music concerts at the open air are often organised.

November
Wszystkich Świętych (All Saints’Day) - 1 November. People go to cementeries to light candles and pray for their relatives, friends or strangers who have passed away.
Andrzejk (St. Andrew’s Day) - 30 November. Evening of fortune-telling games; people pour hot, melted wax into a bowl of cold water, the shape of the wax tells the fortune.

December
Mikołajki (St. Nicholas Day) - 6 December. It is a day of giving small gifts.
Wigilia (Christmas Eve) - 24 December. Before solemn dinner people share a wafer with one another. During the whole evening the Poles sing or listen to Christmas carols. The courses served during the dinner are very special and usually associated with Christmas Eve exclusively. Gifts wait for everybody under the Christmas tree. Some people go to church for midnight mass.
Language

The Polish language belongs to the West Slavonic branch of Indo-European family languages. It has several dialects and it is regarded as rather difficult in terms of grammar and orthography. It is an inflected language with seven cases, three genders in the singular and two in the plural. Verbs are conjugated by person, tense, mood, voice and aspect. There are nasal vowels which is unique among Slavonic languages.

Weather

Poland has a moderate climate with both maritime and continental elements. Generally, in northern western Poland the climate is predominantly maritime, while the eastern part of the country has a distinctly continental climate with harsh winters and hot, dry summer. The long-awaited summer, with temperatures above 20°C, begins in May and is about four months long. The hottest month is July with the average temperature standing at 16-19°C. The hottest area is central and south-west Poland. Hot days, when the temperature exceedes 25°C, occur from May to September. In autumn, the average temperature drops to between 5°C and 15°C. The coldest month in Poland is January. Cold continental air flowing in from the east in January makes the eastern part of Poland one of the coldest areas in the country. Sub-zero temperatures are recorded between November and March.

Money (currency)

The Polish currency is zloty (PLN). Convertible foreign currency can be exchanged to Polish Zlotys at banks, hotels, currency exchange offices and hotels. Credit cards are accepted in Poland.

Shopping

Wroclaw is quite big city and there are many department store, supermarkets and shopping centers. Some of them are in the outskirts of the city.

Centrum Handlowe (CH Bielany)
Bielany Wrocławskie, ul. Czekoladowa 3
Open: Mon-Sat 9-21:00, Sun 10-20:00

TESCO (CH Bielany)
Bielany Wrocławskie, ul. Czekoladowa 3 oraz ul. Długa 37/47
Open: 9-24:00

Carrefour (CH Borek)
ul. Hallera 52
Open: Mon-Sat 8-22:00, Sun 9-21:00

Geant (CH Korona)
ul. Krzywoustego
Open: Mon-Sat 9-22:00, Sun 9-21:00

Centrum Handlowe Renoma
ul. Świdnicka 40
Open: Mon-Fri 10-20:00, Sat 10-19:00, Sun 11-17:00

**Galeria Dominikańska**  
plac Dominikański 3  
Open: Mon-Sat 9:30-21:00, Sun 10-20:00

**Auchan Bielany**  
Bielany Wrocławskie, ul. Franciska 6  
Open: Mon-Thurs 8-23:00, Fri-Sun 8-24:00  
A free bus leaves from Galeria Dominikańska and goes through the main bus stadion (Dworzec Główny PKS)

**Hala Targowa**  
ul. Piaskowa 17  
Open: Mon-Fri 8-19:00, Sat 9-15:00

**Pasaż Grunwaldzki**  
Plac Grunwaldzki 22  
Open: Mon-Sat 9-21:00, Sun 10-20:00

**Magnolia Park**  
ul. Legnicka 58  
Open: Open: 9-21:00

**Arkady Wrocławskie**  
ul. Powstańców Śląskich 2  
Open: Mon-Sat 8-22:00, Sun 9-21:00